

PSHE Key Stage 3 Programme of Study

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 7	Citizenship In this unit pupils will be introduced to PSHE and citizenship. They will learn; To understand the meaning of citizenship To know that citizens have rights and who provides these To appreciate the role of citizenship within schools, the importance of rules, respect and community To identify the range of people and their differing needs within a community and understand the concept of a cohesive community.	Difference and diversity In this unit pupils consider their attitude and behaviour towards diversity They will learn; To appreciate that within our communities people have different upbringings, lifestyles and backgrounds, and learn the importance of getting along together To understand that diversity includes groups with different abilities, and understand what it is like living with a disability To develop some empathy towards difference and accept their responsibility to challenge all forms of prejudice.	Lifestyle choices In this unit pupils will learn about the main elements of a healthy lifestyle, and the lifestyle choices that can have a negative effect on health. They will learn; To understand the substances in a cigarette, the effect it has on your body and the risks involved in smoking Understand what drugs are and why some people misuse drugs Gain knowledge in the short and long term effects of alcohol on the body Understand why solvents are harmful and the ways in which they are misused.	Government In this unit pupils will look at the role of the government in the UK, both at a local and national level. They will learn; To appreciate the role of the local council and the services they provide To understand the structure of the government, and the roles of the different members The concept of a political party and the place for these in parliament.	Puberty In this unit pupils will learn how puberty can change personal hygiene needs, and learn about the different products and methods that can help maintain good personal hygiene. They will develop an appreciation that feelings and emotions can change during puberty, and how to deal with this change Learn about the changes that take place to the body during puberty.	Safety In this unit pupils will learn how to keep themselves and their personal belongings safe. They will cover safety on the streets, the effects of text and cyber bullying and what can be done to prevent it, how to protect personal belongings, first aid and safety in the sun.
	Citizenship and Conflict This unit looks at the different types of conflict; identity, global and family. Pupils will also learn about the UN's past and present contributions to the world and understand that the UN handles both national and international disagreements and conflicts.	Politics and Parliament In this unit pupils will learn about the structure of the UK political system. They will understand where power lies in society and to explore how the law is a source of and legitimises power. They will explore democratic participation and look at who can vote and who can't.	Lifestyle choices In this unit pupils will study facts and laws about drug, alcohol and tobacco use and misuse. This unit of work will also include medicines, alcohol, tobacco, volatile substances and illegal drugs. The lessons will consider the personal and social consequences of misuse.	Human rights In this unit pupils will learn about their own basic human rights and be able to reflect on those they value and the impact of not having rights.	Sex Education In this unit pupils will revisit changes at puberty, they will consider the difference between 'Love and Sex' and learn about peer pressure, how it may be associated with sexual activity and how to resist that pressure. Pupils will revise human reproduction and consider how to avoid unwanted pregnancy and how and where to go for advice.	Money and finance Pupils should understand the importance of managing one's own finances and managing their money in a range of situations. Pupils will learn what influences how people spend money and how to become competent at managing personal money in a range of situations.
Year 8	Citizenship In this unit pupils will consolidate their learning about being informed citizens. They will consider what it means to be British and how to deal with issues relating to racism and discrimination	Job options In this unit pupils will develop their knowledge and understanding of the qualities that make an individual employable, and the different types of employment available to them. They will also consider the importance of challenging stereotypes in the job industry.	Lifestyle choices In this unit pupils will look at drug, tobacco and alcohol misuse. They will learn about the things that influence a person's lifestyle choices. Pupils will look at the concept of taking risks. They will learn that the ability to recognise, assess and manage risk is essential to physical safety and mental and emotional wellbeing	Youth crime This unit investigates the different types of crime, how the youth justice system works including the make up of a juvenile court. The unit will look in particular at ASBO's. Pupils will learn about how to keep themselves safe from crime and the consequences.	Sex Education In this unit pupils will consider the risk to health and well being of early sexual activity. They will explore the different pressures on them to be sexual and how to avoid unwanted sexual activity. Pupils will also look at the most common STIs their symptoms and where to get help and advice. Pupils will also consider what sexual bullying is	Crime and personal safety In this unit pupils will take an in-depth look at street crime, in particular knife crime. They will look at money and identity theft, and consider ways of keeping safe.
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