

Headteacher's Update

Be kind to one another, forgiving one another, as God forgave you. Ephesians 4:32



Saint Michael the Confessor Bishop of Synnada, is commemorated on 23 May. Saint Michael bravely defended Orthodoxy, saying "I venerate the holy icons of my Savior Jesus Christ and the All-Pure Virgin, His Mother, and all the saints, and it is to them I bow down. I shall not obey your decrees to remove icons from churches."

Key Messages

Dear Parents and Carers,

Thank you for your support during this busy half term. We are well under way with our summer 2022 public exams and our Year 11 and Year 13 students are demonstrating great fortitude and resilience as they successfully navigate the challenge of sitting exams after a hiatus of two years. We are looking forward to celebrating the end of the exam series with the Year 11 Prom at Trent Park Country Club and the Year 13 Prom at Chi Chi's. Parents and carers should have received letters to confirm the date with details of how to pay for tickets via Parentpay.

As we enter the final half term of the summer term, Years 7, 8, 9 and 12 will also be sitting end of year exams. Year 10 have already completed their exams and their teachers have been giving them feedback so that we can close gaps in knowledge, skills and understanding ahead of their return as our new Year 11 students in September. It is really important that our students understand that success in examinations is not a 'destination but a journey'- where all students sitting internal exams will have a chance to respond to feedback and to make improvements at regular assessment checkpoints.

Please click here to access a very helpful resource from 'The Place to Be' with useful tips for Parents and Carers on how to support your child during exam season.

We are so fortunate to live in London and along with many schools, we are starting to refocus on the importance of developing the cultural capital of our young people. Please

click here to access the STA KS3 reading list and click here for the KS4 reading list.

Please click here to view interesting things you may do in London as a family or that your children may do as a group over the May half term.

Please click here to view information about events to commemorate the Queen's Platinum Jubilee, marking 70 years of Her Majesty's service to the people of the United Kingdom, the Realms and the Commonwealth. The events will culminate in a four-day Bank holiday weekend from Thursday 2 June until Sunday 5 June.



I do hope that our whole school community will be able to take some time to relax over the May half-term break and return refreshed and reinvigorated. School will commence at the normal time on Monday 6 June.

Finally, do remember to celebrate the Saint name days below your family and friends.

Saint being	Date	Month
celebrated		
Fotini, Fotos	Tuesday 24	May
Alfaios, Karpos,	Thursday 26	May
Synesios		
Ioannis (of Russia)	Friday 27	May
Dimitrios	Saturday 28	May
Ipomoni, Olivianos,	Sunday 29	May
Theodosia		

Best wishes,

Mrs Warwick (Headteacher)



Faith- πίστη

Commemoration of Photini - The Samaritan woman



On this day, in the Holy Orthodox Church, the fifth Sunday of Pascha, we celebrate the feast of the Samaritan Woman.

The Samaritan woman—the Great-Martyr Photini—met Jesus at midday at Jacob's Well, which was located in the city of Sychar. And being tired from travel and the heat, Jesus sat at Jacob's Well. A little after, the Samaritan woman came to draw water, and had a long conversation with Him (it is the longest recorded discourse between Christ and a human in the entire Bible). Photini did not want to talk to Jesus, because the Samaritans did not have any dealings with Jews; Jews considered her people heretics or non-conformist Jews. However, the Lord talked with her anyway, read her heart, revealed her secrets and gave her the "Living Water"—the grace of the Holy Spirit that leads to eternal life and flows to all humanity—to drink. Photini immediately ran throughout the city to proclaim Christ. Through her, many other Samaritans believed in Jesus.

What was the significance of the woman at the well, and why is her tale important to Christian believers?

We are told a few key facts about this woman. We know she was female and a Samaritan, a race with whom Jews did not associate, as Scripture explains. We know she had had five husbands.

We also know, from understanding cultural and historical traditions of that time, that women typically drew water in groups in the morning, and it was often a social occasion. The fact that she was drawing water alone, at midday, probably indicates she was a social outcast.

What Happened After Their Talk?

After Jesus talked to the woman at the well, she appeared to have been astounded at how Jesus knew such truths about her. As she told the other Samaritans, "He told me everything I ever did" (v. 39).

Intrigued, they approached Jesus, and He stayed in their town two days talking with them. Because of what Jesus shared with them, "Many more became believers" (v. 41). Her testimony led to their salvation.

What can we learn from the Woman at the Well?

This story has significance for five key reasons:

- it shows Jesus' love for the world. The fact that the woman at the well was of such low standing — gender, race, and marital status — yet they talked so directly, almost as equal conversational partners, shows Jesus' heart for all people, not just some. Jesus accepts all. All are welcome in the kingdom of God.
- it reminds us that only Jesus can offer salvation. Jesus offers living water — eternal life. This water is not like regular water but rather comes from God Almighty and lasts forever.
- Photini immediately ran off to tell others. Her words made an impact. As Scripture tells us, "Many of the Samaritans from that town believed in him because of the woman's testimony" (v. 39).
- it underscores how Jesus is the Messiah. He says He's the Messiah, and the woman and the townspeople believe Him. As the Samaritans told the woman at the end of the story, "We know that this man really is the Saviour of the world" (v. 42b).
- it reveals yet again how Jesus was rejected by His own people yet the woman was a Samaritan and chose to believe in Him.

The story of the woman at the well is a rich example of love, truth, redemption, and acceptance. And best of all, not only does Jesus accept her, but He accepts us, too. He wants us all in His Holy Kingdom — if only we, too, believe.

Mr M Vassiliou (STA Spiritual Director)

Upcoming Key Dates and Information



- Please <u>click here</u> to access previous editions of the Newsletter.
- Please click here to access term dates.
- Please <u>click here</u> to access school calendar for upcoming Term.

Summer Term Sports Clubs

Monday

Activity: Years 7-10 Athletics Time: 3.00pm-4.30pm Location: Bethune Park

Meet: Building 5 Changing Rooms

Tuesday

Activity: Years 7-10 Softball & Rounders

Time: 3.00pm-4.30pm Location: Bethune Park

Meet: Building 5 Changing Rooms

Wednesday

Activity: Years 7-10 Futsal (Brazilian 5-aside Football)

Time: 3.00pm-4.00pm Location: Upper Playground Meet: Building 5 Changing Rooms

Thursday

Activity: Years 7-10 Dance Time: 3.00pm-4.30pm Location: Building 5

Meet: Building 5 Changing Rooms

Barnet Borough Athletics League Meetings

Venue: Stone X Stadium

PLEASE NOTE ATTENDANCE TO ATHLETIC COMPETITIONS IS BY INVITATION ONLY.

Mr R Browell (Head of Physical Education)

Students of the Week

Year Group Recognitions



All students will receive 10 recognition points for their hard work and contributions.

Year 7: Chrysanthos E – For showing the value of kindness and always volunteering to help out teachers and peers.

Year 9: Liana J – For having a wonderful attitude to learning and doing extremely well at extra-curricular clubs.

Gracie K-N – For making outstanding process in Maths and making a huge effort with punctuality and attendance.

Marc C – For making positive decisions every day and ensuring that his uniform is always perfect.

Stefan S – Applying himself to all lessons and demonstrating the school values every day.

Yezda S – Being an excellent buddy to new starters and having such a conscientious attitude toward learning.

Sixth form

Year 12: Eriola K – For an excellent presentation on the topic of 'Neuroscience of sleep and its disorder' presented during form time.

James A- For a very interesting presentation on 'Gaming and its psychological implication' presented during form time.

Y13: Koluvuma K – For excellent exam preparation and revision notes in his A level subjects.

Sophia A – For perseverance and working hard in English.

Year 8 Athletics

A huge well done to all our Year 8 students who have competed at the Barnet Athletics League Meeting. All our students competed with pride and determination. Well done STA- we are very proud of you!



A special mention to the following students who were placed in their chosen events.

Isha G: 3rd in 800m

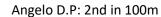


Girls Relay Team: 2nd



Kyros L: 2nd in 200m





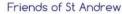


FOSA

Please do get in touch if you would like to join our small group of dedicated parents and carers by emailing us at admin@standrewtheapostle.org.uk

with FOSA in the title. Please mark your email for the attention of Mr Michael.

Mr Michael (Senior Deputy Headteacher)



Mental Health Crisis Helpline - Reminder



If you're in crisis and need to talk right now, there are many helplines staffed by trained people ready to listen. They won't judge you and could help you make sense of what you're feeling.

- Samaritans. To talk about anything that is upsetting you, you can contact them 24 hours a day, 365 days a year. You can call <u>116 123</u> (free from any phone)
- SANEline. If you're experiencing a mental health problem or supporting someone else, you can call

- <u>National Suicide Prevention Helpline UK.</u> Offers a supportive listening service to anyone with thoughts of suicide. You can call the on 0800 689 5652 (open 24/7).
- <u>CALM.</u> You can call them on 0800 58 58 58 (5pm—midnight every day) if you are struggling and need to talk. Or if you prefer not to speak on the phone, you could try the <u>CALM webchat service</u>.
- <u>Papyrus HOPELINEUK</u>. If you're struggling with suicidal feelings, or concerned about a young person who might be struggling, you can call on 0800 068

Please <u>click here</u> to access helpful advice and support from the **NHS for teenagers and young adults** who need support with their mental health and are coping with bereavement.

<u>Shout 85258</u>- a free, confidential, 24/7 text-messaging support service for young people.

Support for Parents and Carers- advice and support for you if you're worried about a child or young person.

Young Mind's Parent Helpline and Webchat

Reminder: During school, students needing emotional support can talk to their Form Tutors and their Head of Year. The following members of staff are also available:

- Mr C Martin, Deputy Headteacher (DSL*)
- Mrs C Hammond, Assistant Headteacher (DDSL*)
- Mrs I Warwick, Headteacher (DDSL*)
- Ms D Moustaka (Safeguarding & Inclusion Manager)
- Mr N Anemouri (Pastoral Support Officer)
- Ms M Henshaw-Devall (Safeguarding Officer)



Child wellbeing workshops - online





Hertfordshire Community NHS Trust's Children's Wellbeing Practitioners offer a range of workshops to educate parents/carers and young people about various mental health and emotional wellbeing topics and equip them with strategies to implement at home to aid in the management of these issues.

Please note – you only need to register for one ticket, even if multiple people in your household are attending. If you can no longer attend, please cancel your registration to allow others to.

<u>Click here</u> to register for workshops and more information.

^{*}DSL is the Designated Safeguarding lead.

^{*}DDSL is the Deputy Designated Safeguarding lead

Oxford and Cambridge Admissions Tests Workshops



Christ Church are offering a series of admissions tests workshops for STA students in Year 12 who are interested in applying to the University of Oxford or the University of Cambridge.

Admissions test workshops will take place online, after school. The details are below and students need to register by 10 June here. To find out whether an admissions tests or a pre-interview assessment is required for their course of interest students click here for Oxford courses and for Cambridge courses click here.

Mon 27 June. 4.30 - 5.30: **Modern Languages** Admissions Test (Oxford), Classics Admissions Test (Oxford), Oriental Languages Aptitude Test (Oxford)

Mon 27 June, 4.30 - 5.30: **Engineering Admissions** Assessment (Cambridge) & Physics Admissions Test (Oxford)

Tue 28 June, 4.30 - 5.30: **Biomedical Admissions Test**

(Oxford & Cambridge)

Mon 4 July, 4.30 - 5.30: **English Literature Admissions**

test (Oxford)

Mon 4 July, 4.30 - 5.30: **Natural Sciences Admissions**

Assessment (Cambridge)

Tue 5 July, 4.30 - 5.30: **History Aptitude Test**

(Oxford)

Wed 6 July, 4.30 - 5.30: Thinking Skills Assessment (Oxford), Philosophy Test (Oxford), Law National Admissions Test (Oxford and Cambridge)

Oxford Open Days are in person this year and will be taking place on 29 June, 30 June, and 16 September.

These open days provide a fantastic opportunity for prospective applicants to visit departments, colleges, meet current students, as well as tutors.

For more information about admissions and open days.

For any students for whom the cost of travelling to Oxford for the Open Days would be a barrier, please contact aaccess@chch.ox.ac.uk to get support.

Medical projects - UCAT Webinar for Aspiring Medics & Dentists



Aspiring medicine and dentistry students will soon have to register for their UCAT exam and start their preparation.

Free Webinar: All you need to know about UCAT

Date: Wednesday 8th June

Time: 07:00PM

Location: Online-Zoom

Admission: Free

Suitable for: students in year 11 and 12

To register Click here

Please note the webinar will not be recorded and will not be available on demand after the webinar has ended.

Spaces are limited so students should book their spaces early!

BACE holiday clubs for summer 2022











What is a BACE Holiday?

BACE Holidays stands for Barnet. Active. Creative. Engaging. Holidays. BACE Holidays are organised and run by Barnet Council and Young Barnet Foundation and paid for by the Department for Education. BACE holidays support children and young people aged 5 - 16 who received free school meals in the borough of Barnet.

BOOK YOUR PLACE - CLICK HERE

If your child is eligble or is in receipt of Free School Meals and would like to apply to attend BACE Holiday camps click below to register for BACE Holidays. Please note: You will be asked to provide evidence of the above within the registration form and after booking.

To book a BACE Holiday activity you need to be a registered member:

To register as a new member:

Click Here

Existing members login:

Click Here

Summer 25 July - 26 August 2022 Winter 19 December - 22 December 2022